

TEAM BUILDING

Aim

AFYA's Leadership and Development programmes aim is to promote individual and collective leadership in a fun and demanding environment by running leadership and team building courses to further enhance the success of the TEAM.

Who we are

AFYA Sports Training has a proven track record in building individual and collective leadership capability and Team Spirit both on and off the sports pitch. Our trainers are made up of individuals who have coached and led some of the most successful teams in their chosen sports and Army officers who have trained and led in a variety of demanding and challenging environments.

AFYA has team members who have coupled this experience with Sports Psychology, Executive Coaching and Leadership Development in multiple sporting and corporate environments – to underpin and underline our core credo : "The Quality in Human Endeavour" whatever the backdrop.

What we do

AFYA delivers Leadership and Team Development programmes that run throughout the year that can be booked for morning, afternoon or daily sessions. The courses can consist of individual and collective command tasks and team building exercises and events as well as seminars/ talks designed to translate the team sporting ethos into the business environment.

The principle of FUNdamental underpins our training and learning courses - as everyone always learns better with a smile on their face!

Programme Outline Activities

Our activities and events include:

- Field Tasks and Team Building exercises and competitions
- Outward bound activities including White Water Rafting and Orienteering
- Team fun events including Zorbing, Themed Treasure Hunts and Bungee Jumping

Talks

AFYA also holds Leadership and Team Development talks where professional coaches and elite trainers from sport and the military provide an insight into what makes a successful individual and team and how this can be translated into a work environment.

Our speakers come from a variety of backgrounds including The British Lions, England Netball, GB Cycling, Oxford University and The Directing Staff Royal Military Academy, Sandhurst.

To find out more:

Email : ben.wood@afyaportstrg.com or visit our website www.afyaportstrg.com

